



NEWS

Cargo Human Care e.V.



June 2025

Dear members and friends of Cargo Human Care,

2025 is a year of construction projects for CHC. We have two major building projects in the planning stage or already underway:

- The expansion of Elazar Girls High School in Marsabit began in early May, and the next new class of CHC-sponsored children will move in there in January 2026.
- Plans for the Vocational Training Centre in Nairobi are progressing well.

Both projects will be partially financed by the proceeds from the 2024 and 2025 Office City Runs.

You can already make a note of the date for this year's 11th run: Thursday, 28 August – live in Frankfurt, and the virtual events around the world will take place between 28 August to 11 September.

There is also a lot going on at CHC – more about this in this newsletter and on our homepage. You can also subscribe to the regular reports there: simply enter your e-mail address under "[Subscribe to new posts](#)", briefly confirm and you will be kept up to date with all developments at CHC.

Thank you for your interest and your manifold support of our work.

Your

Fokko Doyen, President Cargo Human Care e.V.

Our problem child in Bubisa - hope at last!

By Dr. Thomas Berger

After overcoming numerous difficulties, the water supply via the desalination plant is now more stable. Getting there was full of challenges - technical, organisational and human. Above all, we have learnt how important mutual understanding is when working with the people of the Gabra tribe in Bubisa.

<https://cargohumancare.de/erwaehnnenswert/wasser-fuer-bubisa-2/>



ACK Elazar Girls High School

By Gerhard Meyke

Two new classrooms, accommodation and a library are to be completed by the end of 2025. This will allow 56 more pupils to be admitted in future. The investment

costs are around € 125,000 to € 130,000. You can find all the details about the planned construction in the full article [here](#).



CHC brings light into the darkness

By Joy Hinkel / Team Medical Sponsorships

13 families from the Med sponsorship programme recently received solar lamps. These replace the previous paraffin lamps and enable the children to also have enough light to read or do their homework in the evenings – without exposing their eyes and lungs to the biting soot of an oil lamp! The lamps were received with great gratitude by all the families. Thank you to all the donors who responded to our appeal.

Read here about how important this small measure is for everyday life:

<https://cargohumancare.de/erwaehnenswert/das-solar-lights-project/>



Report from the Medical Centre

By Dr. Thomas Berger

A lot has happened here in recent months:



Loise, left with patient

1. Extension of the Medical Centre completed

The structural expansion of our facility has now been successfully completed. A new building has been erected in which patients are pre-examined when they register. There, their blood pressure and blood sugar levels are measured to better establish the required subsequent medical

care. This task has now been taken over by our new employee, Loise - a valuable support who significantly improves our processes.

2. New storage space for the pharmacy

An acute problem in the pharmacy has also been solved: A container was converted into urgently needed storage space and now offers sufficient room for medicines. This has made the daily work of our pharmacists, Judith and Christine, much easier.



Judith, left., Christine, right



3. Planned improvement of dental care

As our existing dental unit is increasingly susceptible to faults, repeatedly leading to hours of downtime, we are planning to purchase a new unit.

We want to buy this in Kenya, to ensure that service is also available locally. Our dentists are already working on the realisation, and we hope to be able to com-

plete the project in the next few months. We are still looking for sponsors to cover the costs of € 8,000 - € 10,000 for a very reliable model.

4. 4. Cooperation with Rafiki wa Maendeleo Trust

Our medical work is not limited to our own Medical Centre in Nairobi. We also regularly provide specialist medical support in close cooperation with the Rafiki wa Maendeleo Trust, the Rotary Club and the



Madiany Sub-County Hospital in Siaya County.

Two medical camps were held at Madiany Sub-County Hospital in March and April: An ophthalmology camp with Dr Rainer Hürter and a paediatric and dental camp. Both missions were organised together with our local partners. Click here for the detailed report:

<https://cargohumancare.de/erwaehnenwert/medical-camp-03-25/>
and <https://cargohumancare.de/erwaehnenwert/medical-camp-04-25/>



Dr. Huerter during an examination

News on the planned Vocational Training Centre (VTC)

By Arno Pfeifer

Step by step, we are getting closer to our project goal of having our own Vocational Training Centre. Once we had reached an agreement with the previous owner of the building plot, our lawyer was commissioned with the formal processing of the

purchase and transfer of ownership. This process is now almost finished therefore our architect was already able to begin with the preliminary planning of the building. The next step is to submit the plans to the relevant authorities for approval.

Many more interesting details regarding CHC's current project can be found on our homepage <https://cargohumancare.de/vocational-training-centre/>



The design of the building by our architect Bulli Ladu