



NEWS

Cargo Human Care e.V.



March 2025

Dear members and friends of Cargo Human Care,

"Giving Youth a good start to a self-responsible and independent life".

Those words are written on our employee, social worker James Gitau's shirt for all to see. Everyone in our highly valued team at the John Kaheni Residence works according to this motto and that was also our intention when we built the home in 2015: to enable young people to start a self-determined and independent life.

Currently 75 young men and women are going through the programme. They are all supported through training sponsorships. It is not easy to subsequently find a job in Kenya's highly competitive labour market, but thanks to a solid training programme, we have already been able to help a large number of young people start their careers in recent years. Many of them are now working full-time. Over the course of this year, to further improve our training programme, we will be setting up a vocational training centre for careers with good future prospects.

Another CHC project for 2025, is the expansion of the Elazar Girls High School in Marsabit - co-financed by this year's Office City Run. We already now invite you to this event which will be held live in Frankfurt on 28 August and virtually worldwide in the two weeks that follow. So, there is still plenty of time to train for it. Come and take part! It's worth it both for your own health and for children in Kenya.

I would also like to draw your attention to a publication about one of my visits to our projects. This link takes you to the article as well as the podcast:

<https://www.worldshop.eu/en/blog/kenya/?p=9D6MENUJNVM>

And if you would like to watch TV reports on CHC, such as HR television's "mit-tendrin", for example, you will find them linked on our homepage:

<https://cargohumancare.de/videos>

Warm regards

Your

Fokko Doyen, President Cargo Human Care e.V.

Save the date

11th Office City Run 2025

Live
on Thursday, August 28th, 2025
from 6 p.m.
in Frankfurt

Virtual
from Thursday, August 28th
to Thursday, September 11th, 2025
worldwide

Mothers' Mercy Home Extension

By Sieglinde Reinhard

The MMH's supporting church began work on an urgently needed new building at the beginning of this year, thanks to local donations in kind and money. The ground floor of the two-storey building will house a classroom for homework, a room for individual counselling, and several storage rooms for food. There will also be toilets, including one for the disabled. The upper floor will feature a large multi-purpose room and a service room. CHC is supporting the project and covering the costs for the roof, among other things.



Construction work at the Mothers' Mercy Home

Karin's travelogue

At the beginning of February, 2nd Chairman Gerhard Meyke was back in Kenya to visit our projects. This time, his agenda mainly consisted of organisational issues. After all, a regular personal presence is crucial to the success of our local operations. Many aid organisations do without this and therefore lose track of their projects. Our approach here is completely different: we focus on sustainability and cost

control for all the projects we are involved in.

This time, Gerhard was accompanied by Karin Thormählen, who looks after our website and social media channels, and who wanted to develop some fresh new ideas. A trip like this can be exhausting and intense - but also fantastic. Here is her personal detailed report: <https://cargohumanicare.de/projektreise-02-2025>



Karin Thormählen and Gerhard Meyke

Happy Child Education Center

By Gerhard Meyke

On 6 February, I took part in a meeting of the school committee of the Happy Child School in Nairobi. Among other things, plans for 2025 were discussed. 136 children (including pre-schoolers) are currently being taught here.

I was able to assure the members that Cargo Human Care will continue to support the school in 2025. The prerequisite for our involvement is financial transparency with a corresponding personal contribution.



Students of the Happy Child Education Center

ACK Elazar Girls High School

By Gerhard Meyke

On 3 February, I visited the secondary school for girls, which was opened last year, and also took part in IT and chemistry lessons. I realised that the IT lessons, in particular, need to be structured differently and that it would make sense to purchase a projector to support them. During this visit to Marsabit, I also had a meeting with Bishop Qampicha that lasted several hours. Among other things, the 2025 and 2026 schedule was discussed, which includes plans for additional classrooms, a further building with 56 beds, as well as a library, in order to welcome the next class at this school in January 2026. We are planning to use the proceeds from this year's office city run for the construction work.



Vocational training centre for young people in the JKR programme

By Gerhard Meyke

In order to counteract the drastic rise in training costs and the simultaneous decline in quality, we have decided to build our own vocational training centre for around 70 trainees. By chance, a plot of land op-

posite the John Kaheni Residence came up for sale. The application to change its use from farmland to building land first needed authorisation. This has now been done, and we were able to conclude a no-

tarised purchase agreement for the land. At the same time, initial planning has already begun with our architect.



JKR - The 2025 training year gets underway!

By Arno Pfeifer

February 2025 - it's that time of year again: 16 young people have begun their training at the John Kaheni Residence. This is an important step for the students and will have a major impact on their future lives. The first phase of the training programme focuses on getting to know each other. During this phase, the social work team identifies the new trainees' personal skills, characters and ideas, and thus creates a personal profile. The rest of the training programme builds on this.

The trainees will learn a lot of new things over the next few months: about the JKR world, their fellow students, the future

world of work, and also about themselves. During this time, they will not only learn more about their strengths but will also come to terms with their weaknesses so that they can then start their actual vocational training with the skills they have acquired during the familiarisation phase. They are supported by our team of social workers: Millicent, Veronica and James, who are on hand to share their experience and are always ready to listen to problems of any kind. We wish the new year group every success with their training.



Some of the new students with Marc Courtial (last row), Henrik Rebbe (front right) and Muta Samori (far right) from CHC

Report from the Medical Centre

By Dr. Thomas Berger

The expansion of the Medical Centre, which began last year, was completed in January with the installation of a new storage room. This is housed in a container, and has significantly improved the storage of medicines and disposables, following the construction of additional treatment rooms.

The team at the Medical Centre once again did an outstanding job last year. A total of 13,680 patients were cared for and 43,108 treatments were carried out together with our team of doctors.

Medical costs in Kenya have continued to rise in 2024, which is also reflected in

a slight increase in treatment costs at our Medical Centre. Currently, the costs per patient per year are EUR 20.90, and per treatment, EUR 6.60. These are still sensationally low, especially considering that the costs for necessary inpatient stays and operations in hospitals are already included in this figure.

These costs ensure basic medical care for the population in need, which shows that CHC's donations are used sensibly and effectively.

A big thank you to everyone involved for their excellent efforts!



The container as storage space

The second edition of the model aeroplane campaign was also a complete success

By Norbert Pahlsmeier

After having first collected and auctioned off model aircraft donations back in 2023 for the benefit of Cargo Human Care's Wings Academy project, the new edition of the campaign carried out during Christmas 2024, was also a complete success. The second round was held both online at ebay and at the Frankfurt Aviation Collectibles Fair in Hofheim in November. Once again, aircraft models and collectibles were up for sale.

The net proceeds of the campaign totalled a fantastic EUR 5,700. Our thanks go to

all donors and helpers for their superb support. The third round will take place in 2025. Hence, here is our request: if you still have "treasures" in your basement (aeroplane models, airline items, collector's items, estate liquidations) and would like to donate them to Cargo Human Care for this year's campaign, you can contact Norbert Pahlsmeier at norbert.pahlsmeier@cargohumancare.de – step by step giving children a future.



Boeing 747 - 200 Freighter Lufthansa Cargo