





Cargo Human Care e.V.

June 2023

Dear Members and Friends of Cargo Human Care,

In recent months, our work has focused more on Kenya's northern region, as you will see from the articles in this newsletter edition. And in August, you too will have the chance to lace up your running shoes once more and contribute to a project there. The 9th Office City Run will be held to help finance a secondary school for girls in Marsabit. Join in: either live in Frankfurt on 24 August, or virtually worldwide between 10 and 24 August. You are also again welcome to participate virtually by bike (but please wear a helmet – that is my personal advice based on recent experience!) Best to register now on www.buerostadtlauf.de

Things are happening in Nairobi, too; for example, in the medical field. "The Medical Centre is bursting at the seams," is Dr Thomas Berger's summary of the current mission. We now treat 4,000 patients there every month, so there is an urgent need to expand the premises. More about that soon.

And here's a tip if you want to see current pictures from the projects in Nairobi: "mittendrin" on Hessian television recently aired a few new impressions which can be watched on YouTube: https://www.youtube.com/watch?v=7n6A5QwdDgl

Thank you for your manifold support.

Your

Fokko Doyen, President Cargo Human Care e.V.

Save the date 9th Office City Run - LIVE in Frankfurt 24 August from 6 p.m.: 5 and 10 km run - Virtual worldwide 10-24 August: 5 and 10 km run + 30 and 50 km bike ride www.buerostadtlauf.de



10 years Wings Academy / Marsabit

by Gerhard Meyke

Ten years ago, when we inaugurated the Wings Nursery School with just two classes at the time, we met with scepticism and reluctance from the tribal elders and parents, but enthusiasm from the 35 children. Now, ten years later, more than 260 children attend the Wings Academy, as the school is now called. It consists of nine classrooms, two dormitories, and several other buildings. For the ten-year celebration, Fokko, Norbert Wehrkamp, and I were enthusiastically welcomed, and members of different tribes performed numerous dances in their beautiful tribal costumes,

in which we, as Mzungu (white people), were integrated. There were singing performances and of course many speeches, including from parent representatives and pupils. In the meantime, the first pupils have finished primary school and are attending a secondary school, supported by CHC sponsorships. Their exam results are among the best in the whole Marsabit province. It was impressive to see how attitudes towards education have changed for the better in the last ten years.

At the end of the four-hour celebration, all families and teachers received a large

food package from CHC.



Wings Academy students



Grocery packages for everyone



Group picture with women

Bubisa / Northern Kenya

Opening ceremony of the desalination plant in Bubisa on 24 April 2023

by Dr. Thomas Berger

After the completion and commissioning of the desalination plant in Northern Kenya, in October 2021, Caritas International, which financed the project together with CHC, and its local partner, PACIDA, have now withdrawn from the project - as had already been discussed. Due to the Corona pandemic and some violent ethnic conflicts in Marsabit County, the opening could not take place in 2022, as originally planned. Therefore, the official ceremony did not take place until April 2023. At the same time, sole responsibility for the project was transferred from Caritas International to CHC. It is our declared goal to operate the plant sustainably together with the local water management committee. The ceremony was held with lively participation of the local population; local women and men danced and sang alongside the active participation of Franka, Fokko, and Gerhard, providing a folkloric interlude between the speeches of the local politicians and sponsors. The event ended with the signing of the handover document. We hope that, in a few years, CHC will be able to hand over full responsibility for the operation of the plant into the hands of the people of Bubisa.









Very successful medical camp in Laisamis / Northern Kenya

by Dr. Wolf Cyran

Together with the Catholic Hospital in Laisamis/Northern Kenya, we carried out our latest Medical Camp. Four doctors were on site for four days and saw over 900 patients.

The pictures speak for themselves.

https://cargohumancare.de/grosses-medical-camp-fuer-mehr-als-900-patienten-in-nordkenia

Impressive numbers:

Dr Ulf Krausch pulled teeth from 160 patients.

The optician who came along was able to fit 117 pairs of glasses. Beforehand, Dr Rainer Hürter had examined the eyes of more than 300 patients.

150 women came to be examined by the gynaecologist, Dr Berit Lattorff.

And 312 patients visited the general practitioner, Dr Wolf Cyran; 103 of them on the last day alone.



The people are infinitely poor by our standards, but proud. Many have travelled long distances to come to us. One patient came from Lake Turkana, about 300 kilometres away, but also many Kenyans from a radius of about 50 kilometres. The need is huge, as medical care in northern Kenya is poor, or even non-existent in some cases. Therefore, this will not have been our last medical camp in this hospital.

Waiting for the doctor

John Kaheni Residence - Training Workshop

by Arno Pfeifer

Craft training is a central element in the CHC training programme. The JKR training workshop aims to teach people from the Kiambu area the necessary handicraft skills to later run a small business and thus be able to financially support their families. At the beginning of June, 17 trainees successfully completed their course in "Dressmaking" and "Leatherwork". They are now being prepared for the state-recognised examination. If sufficiently qualified and interested, the graduates can then attend further courses that build on what they have learned so far. Many thanks go to the two workshop leaders, Rahab Mumbi and Mercy Muthoni, who have set up and run the courses with great commitment.



The new trainees in our workshop



Rahab (left) and Mercy