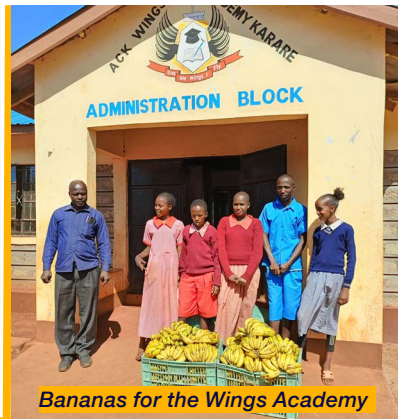




NEWS

Cargo Human Care e.V.



Bananas for the Wings Academy



Dorothea von Boxberg as a guest at the Mothers' Mercy Home

March 2023

Dear members and friends of Cargo Human Care,

The year 2022 has begun for our projects in Kenya with many new starts for children and young adults: 26 new admissions to the JKR programme, 19 children from our Wings Academy and 14 MMH children moved on to secondary school, six children from MMH are already starting their vocational training at the age of about 15. More about all this in this newsletter.

During my previous visits, I could see that they were all eagerly awaiting this change - I guess we all feel that way when a new phase of life begins. However, I could sense that these young people were proud of what they had achieved so far. This was and is only possible thanks to the help of almost 300 CHC sponsorships. I would like to thank you for this, also on behalf of these young people, for whom you, as a sponsor, offer solid prospects for the future.

We are also indebted to the Executive Board of Lufthansa Cargo and the many "Cargonauts" who have supported CHC for years. Dorothea von Boxberg / CEO reaffirmed the Cargo Executive Board's great commitment to CHC when she visited all our projects in Nairobi and Marsabit again in January.

For 2023, we have again set our sights high - first and foremost the construction of a secondary school for girls as an extension of the Wings Academy in Marsabit. Completion is planned for before the end of the year. More on this soon, once we have made further progress with the planning.

Thank you and Asante Sana.

Your

Fokko Doyen, President of Cargo Human Care e.V.

John Kaheni Residence 26 new Students in the JKR programme by Cornelia Junge und Arno Pfeifer

The social workers at the JKR officially welcomed the new class of 2023 during a small ceremony on 15 February. For 26 young people, this marks the beginning of a new phase in their lives. They have joined from our MMH, the Cura-Home, our Medical Sponsorship Programme, and the community. A qualified vocational training will give them a solid foundation for an independent and future-oriented life. In the first phase of this programme, courses in entrepreneurship and job application training, as well as soft skills such as communication and the ability to work in a team, are offered in addition to basic IT knowledge. Only once this settling-in phase has been completed does the actual vocational training begin at the college or university. CHC covers

all costs for training and living expenses. In addition, our qualified team of social workers is available on site for individual counselling and to support the students. All this is only possible thanks to the numerous sponsors who lay the financial foundation for the JKR education programme by sponsoring an education. Many thanks to everyone! If you would like to support the vocational training for one of these young people, you can find the application for a sponsorship here. Opt for a full or partial sponsorship:



<https://cargohumancare.de/wp-content/uploads/2022/04/Antrag-CHC-Patenschaft-2022-digital.pdf>



Wings Academy Marsabit

Another 19 graduates enrolled in secondary schools in 2023

by Fokko Doyen

19 Year Eight boys and girls wrote their exams at the end of Nov 2022 and have since transferred to a four-year secondary school. The parents in this region of northern Kenya, all of whom are very poor, cannot afford school fees. They live from cattle breeding and have not been able

to sell a single animal since a long time - the drought has lasted three years already and there is no end in sight. Moreover, the parents unfortunately do not see how enormously important education is for their children. That is the sad reality of this region.



We want to enable these children to attend the four-year secondary school, as we already did for last year's 16 Year Eights. First and foremost, it is about a getting good school education, but we consider it at least as important to get

these 14/15-year-old children away from the "marriage market", because: according to Kenyan law, as long as the children go to school, they cannot be "forcibly married" by their parents. Yet, this is exactly the fate they would face were they to stay home now! For the next four years, they will all live in boarding schools - sometimes far away from their parents.

The cost of sponsoring these children is 50 euros per month or a one-time payment of 2,400 euros for the four years. We have already found sponsors for half of the children. If you are interested in supporting them, please apply here:

https://cargohumancare.de/wp-content/uploads/2022/04/Antrag_CHC-Paten-schaft_2022_digital.pdf

A banana every morning before class

People and animals throughout East Africa are still suffering from the ongoing drought. We have therefore been supporting 700 families in the four villages around the Wings Academy with food every month since May 2022.

Unfortunately, we learned during our visit in November, that a large number of the children still come to school in the morning on an empty stomach. Many of them have also not had anything to eat the night before. School lunch is often their only meal of the day - but for that, they have to wait until lunchtime. Our partner, Bishop Qam-picha from the Anglican Church of Marsabit, said: "No child can really concentrate on lessons on an empty stomach".

Therefore, since the start of school in 2023, bananas have been distributed to all

200 children every morning before classes begin.

Sponsors were quickly found. For a "virtual flight" to Boston, enthusiastic hobby pilots from all over Germany connected virtually and called for donations for this project. At the end of the day - when we landed in Boston, so to speak - precisely 2,933.39 EUR had been raised from 96 donors - that is now almost enough for the whole school year's shopping!

We recently received photos from Marsabit with the words "Attached photos of pupils enjoying bananas. Thank you very much for the support given to students from ACK

Wings Academy. This is a great help to parents and children during this severe drought."

<https://cargohumancare.de/wings-academy-nicht-mit-leerem-magen-in-den-unterricht>



Banana issue in the Wings Academy

Bubisa / Northern Kenya

A cooling pond for our water project

by Gerhard Meyke

Once we were able to pump water from a depth of 320 metres since October 2021 and, thanks to the desalination plant, could sell drinking water to the population for little money, new problems arose over the course of last year. The temperature of the water extracted from the depths rose

to between 35 and 45 degrees. However, the desalination plant is only designed for a maximum of 30 degrees.

After many discussions with experts, we decided to build a 600 m³ water basin. Due to the constant wind during the night, the water should be cooled down to 25 to 27

degrees and thus be easy for the plant to process. In mid-March, we will inspect the modified plant on site, but we assume that this will solve the problems of the water treatment.



Mothers' Mercy Home

Practical vocational training instead of Secondary School

Six children from MMH set out on a new path

by Sieglinde Reinhard

Until recently, it was essential in Kenya to attend school until the end of Year 12 in order to be able continue on to vocational training. This also applied to weaker pupils. A degree even with the worst grade was still considered more than no degree at all. Two years ago, the Kenyan school system was reformed and entrance examinations were introduced for the transfer from primary to secondary school. At the same time, vocational training courses at technical colleges can now be taken directly after the 8th year of primary school. The MMH social workers have now, for the first time, enrolled six young people from MMH, who were overwhelmed with the

demands of secondary school, in practical vocational training at the "Word of Faith". Courses in "hairdressing and/or cosmetics" as well as tailoring, food processing and electrics were selected. These last between four and 24 months, and all end with a certificate. As the young people are not yet of age, they will continue to be

accompanied by the MMH social worker team. We wish them all much success!



Our students in front of the College

2022 - a year with little free time for Kenya's children

by Kerstin Wientzek

The school time missed due to the corona pandemic and lockdown had to be

made up somehow in Kenya, too. The result: short holidays and a lot of time at the school desk. Accordingly, there was little time left for the handicrafts, games and learning activities regularly organised by our Children Care Team (ChiCa). At the end of the year, however, all the children without exception enjoyed eventful days with the ChiCa team at MMH, which also included sports. Through very creative ideas, the children were above all able to have a lot

of fun. Afterwards, there was a Christmas party with presents for everyone and delicious food.

Afterwards, the children who still have relatives were picked up by them for a few days. It is important that the children remain in contact with their relatives. In order not to overburden these very poor families with another mouth to feed, each family was given a large food parcel. In addition, everyone was given the opportunity to choose clothes from the clothing store.

More photos at:

<https://cargohumancare.de/endlich-wieder-workshops>



CHC Medical Centre

Another very successful year

by Dr. Thomas Berger

The team at our Medical Centre has a good reputation. Many patients come from far and wide for treatment and advice. Our Clinical Officer, Boniface, thinks that the work of our Medical Centre is equivalent to that of a referral hospital.

Here are some impressive figures from 2022: 11,659 patients were cared for and a total of 37,227 treatments were carried



out, 6,613 of them by our German doctors. The total costs of the Medical Centre, including referrals to other facilities, amounted to almost exactly € 200,000 last year, and only € 5.50 was spent per treatment. In comparison, the costs for outpatient treatment at Nazareth Hospital, with which we work closely, were almost triple the amount: 15.60 euros per treatment. We can speak of very economical and effective handling of the donations.