



*Merry Christmas and a
happy New Year*

Cargo Human Care e.V.

December 2022

Dear Members and Friends of Cargo Human Care,

We all experienced 2022 as a very unusual year. The fact that we were able to do a great deal for people in Kenya as well as Ukraine this year, despite all the crises, is thanks to you. You supported us both financially and actively. For this, we warmly say THANK YOU. We were able to continue unabated with our projects, and in some cases even significantly extend them: The Happy Child School was expanded, and 200 children are now taught there. We contributed financially to the construction of the "Garden of Siloam" – a centre for severely disabled children. In Northern Kenya, we have been delivering food to 700 families since May - unfortunately, there is still no end in sight to the drought. And our Medical Centre is heading for a new record number of treatments – there are still a few weeks of 2022 left to go, but we will have treated more than 35,000 patients by the end of December.

This year's [office city run](#) was particularly successful, with 1,500 participants and sensational proceeds of more than 215,000 euros. The money will be used to expand our Wings Academy school in Marsabit. 19 grade eight students will presently be sitting their exams there. We want to make it possible for them to attend secondary school from January. We are currently looking for [sponsors](#) for some of these children.

We cannot personally name all those who have made all this possible, because it would require much more than the three pages of this newsletter. Therefore, a heartfelt ASANTE SANA to all of you from the entire Cargo Human Care Board.

We wish you a wonderful Advent season!
Your FD

Fokko Doyen, President Cargo Human Care e.V.

And don't forget: Order the CHC calendar 2023 now!
<https://cargohumancare.info/produkt/cargo-human-care-kalender-2023>



This Year at the John Kaheni Residence and in the Teaching Workshop

By Cornelia Junge and Arno Pfeifer

With 2022 drawing to a close, here is a look at the developments in the JKR programme: at the start of the year, 23 young people began their training at the JKR - and had to face completely new challenges. We were also able to qualify ten students from the community in our training workshop for tailoring and leather processing. Another new feature this year was support for motivated young entrepreneurs. Former graduates of the JKR programme received an interest-free small loan and thus important financial start-up support on their journey into self-employment.

A special highlight in 2022, was this year's "Alumni Reunion". Numerous former students met at the John Kaheni Residence and exchanged their experiences of the past years in a convivial setting (see photo).

<https://cargohumancare.de/alumni-reunion-2022>

The three social workers and the two trainers bring the JKR programme to life, develop it further, and constantly face the new challenges that such an ambitious programme inevitably entails. To these

five, and especially to the sponsors of all the trainees, a heartfelt Asante Sana!



Success story

By Joy Hinkel / Sponsorship medical sponsorships

On the last day of my visit to Nairobi, at the beginning of October, we happened to meet John Ndungu Wanjiru with his moped at the roadside. John is now 21 years old and was in our sponsorship programme until recently - first in a Medical, then in a JKR sponsorship from 2017. Unfortunately, nothing came of his original career aspiration of becoming a pilot. Yet, he was always focused and socially committed. John has used the opportuni-

ties offered to him in the JKR programme to sharpen his knowledge and personality. He will finish the first part of sanitation training in December 2022, and then graduate in 2023! His job prospects are very good, as he is even already now managing to earn money in the sanitary sector! With this money, he bought his motorbike, got his car driving licence, and is even building his own house.

What a success story for such a young

man!
We wish him continued success and happiness.



Holiday weeks at MMH

By Sieglinde Reinhard

2022 was the last strongly shortened school year with just one week of holidays each in July and September. The periods that had been cancelled due to the Corona Lockdown, had to be made up. From 2023, the normal school calendar will apply again, with school holidays over Easter, in August, and December.

With a small team in each of these holiday weeks, we crafted with the children, worked in the wood workshop, helped them with their holiday homework together with the social workers and local interns, and supported them in their interests for handicrafts and crafts. We would like to

take this opportunity to thank all the donors of wool, which is always used with great enthusiasm.

The little ones have particularly enjoyed the wheelbarrows, which were made from wood from our own workshop. The children can really live out their urge to move on the grounds of the home. The wheelbarrows were so popular that it was even jokingly considered to entrust some of the children with the supervision of traffic rules.

Pictures and further information can be found on the Internet at:

<https://cargohumancare.de/ferienwoche->

[im-mothers-mercy-home](https://cargohumancare.de/juli-ferien-camp-im-mmh) und <https://cargohumancare.de/juli-ferien-camp-im-mmh>



Joint medical camp with the team of the Onedollarglasses project

By Dr. Thomas Berger

Our local medical team organises a medical camp once a month in the vicinity of the Medical Centre. These camps are very well received by the people in the villages. Patients with abnormal findings are then invited to our Medical Centre for further clarification. In October, a camp was held for the first time together with Betty Bauer and her team from the "OneDollarGlasses Project". A total of 287 patients were treated in one day. 107 of them required a detailed vision screening. 62 were invited to our Medical Centre for a further ophthal-



mological examination. Fifteen were suspected of having a cataract. Eight children and 40 adults received glasses which were fitted on the spot, to compensate for their visual impairment.

We can describe the combination of medical camp and vision screening as extremely successful. We will certainly continue to hold camps in this form.

Ukraine Aid

By Fokko Doyen

Most recently, in October, we bought more bandages to the value of 15,000 euros, and delivered them to hospitals in Lviv, where many wounded people are being treated. In total, CHC received almost 110,000

euros in donations for the Ukraine campaign, which have now been spent in full. In addition, we received a huge donation in kind from a large medical supply company worth more than half

a million euros. Our heartfelt thanks to all donors, combined with the hope that this brutal war will soon come to an end.



Drought disaster in northern Kenya / Food supplies for 700 families

By Fokko Doyen

The drought and hunger catastrophe in northern Kenya is particularly severe this year; it has hardly rained at all for four years. Since May, we have therefore (once more) been providing food to the people in the four villages near the Wings Academy. With more than 10,000 euros per month, basic foodstuffs such as maize, beans, salt, and oil are bought, and up to 700 families receive supplies from our partner, the Anglican Church. Dr Thomas Berger was on site in October and visited the small settlement of Karare. Here is his short report:

"Almost all the livestock of the families visited, had starved to death. Only a few goats were still alive, but they no longer looked very healthy either. The small children showed signs of malnutrition and

undernourishment. Many children had fungal infections on their heads. The situ-



ation was desperate. Due to the loss of the animals, the families no longer have any

income and depend on donations from organisations like CHC. Even if it were to rain again at some point, it will take a long time for the livestock to recover.

Fortunately, water has been found in two places in Karare, through deep wells, so at least the supply of water should be guaranteed in the future."

We will try to get involved in providing water to the people here, as well - similar to nearby Bubisa - and also connect the school to this water system. More information and photos [here](https://cargohumancare.de/baufortschritte-in-der-wings-academy): Impressions from Karare - Cargo Human Care

Wings Academy, Marsabit

By Gerhard Meyke

When we arrived at the Wings Academy on 10 November, shortly before 5 p.m. and after a nine-hour drive from Nairobi, there was a very warm welcome from Bishop Qampicha, Reverend Jeremiah, the headmaster Antony Kabii, 10 teachers, and all 188 school children. After speeches and words of thanks for the support given so far, the small but very impressive event was concluded with a song by the children. This was followed by a tour of the grounds: Here we were able to inspect the new accommodation buildings for boys and girls, the new dining hall with kitchen and the 100,000-litre water tank. Christopher Bi-

aesch, who accompanied us on this trip and who organised all the office city runs, found the visit very impressive, because the proceeds of the run in 2022 were used precisely for these new buildings.

We were then shown the site where yet again an elephant had broken through the fencing to get water from the water tanks. A depressing incident, which we discussed once more in a meeting the following day, and decided to install lights along the fence, which should also drive away the assertive pachyderms. In this meeting, we also discussed the further development of the school, especially with



regard to the upcoming school reform.

<https://cargohumancare.de/baufortschritte-in-der-wings-academy>

Garden of Siloam's Opening Ceremony

By Fokko Doyen

On 7 October, after just ten months of construction, the day care centre for severely disabled children and their parents, was opened. Cargo Human Care contributed 69,000 euros to the construction costs. Also among the donors was the help alliance, which contributed 90,000 euros.

Dr Thomas Berger attended the ceremony as a representative of CHC. He was visibly impressed, as his emotional report clearly shows: "The building is almost finished. I was very impressed by the entire concept

and by Dr. Kazuko's careful planning. You can tell that nothing was left to chance. Even in the small details the needs of her disabled children and the families were taken into consideration. The building radiates an appreciation for the children, but also for the team members. The opening ceremony was also attended by the children and their families. Both the children and the parents had prepared their own presentations. It was very impressive how Dr. Kazuko and her team are appreciated.

It was worthwhile that CHC was able to support this flagship project to a considerable extent."

We wish Dr Kazuko every success. She has demonstrated the necessary energy over the past months and years, and we will continue to work closely with her.

<https://cargohumancare.de/garden-of-siloam>