



# NEWS

Cargo Human Care e.V.

The helpers of the 8th office city run



September 2022

Dear Members, Dear Friends of Cargo Human Care,

THE CHC highlight of the last few months was, without a doubt, the Office City Run with over 1,500 participants. The proceeds will go towards the expansion of our Wings Academy school in Marsabit. The construction work there is already in full swing. We expect sensational proceeds from the run and will be able to report the results very soon.

The drought of the century is unfortunately still continuing in northern Kenya. We have therefore been supplying 650 families in the vicinity of our school with food since May. A report and photos of the distribution are available here: <https://cargohumancare.de/august-lieferung-angekommen>

Yet, lack of water is not just a problem in this region - we are also experiencing shortages in Nairobi. That is why we have just significantly

increased the water tank capacity in our JKR. For years, a wonderful neighbour has been donating water from his own well for us to fill up our storage tanks which now hold 21,000 litres.

In Germany, too, we are also hoping for precipitation - let it rain!

Yours sincerely FD

Fokko Doyen, President Cargo Human Care e.V.

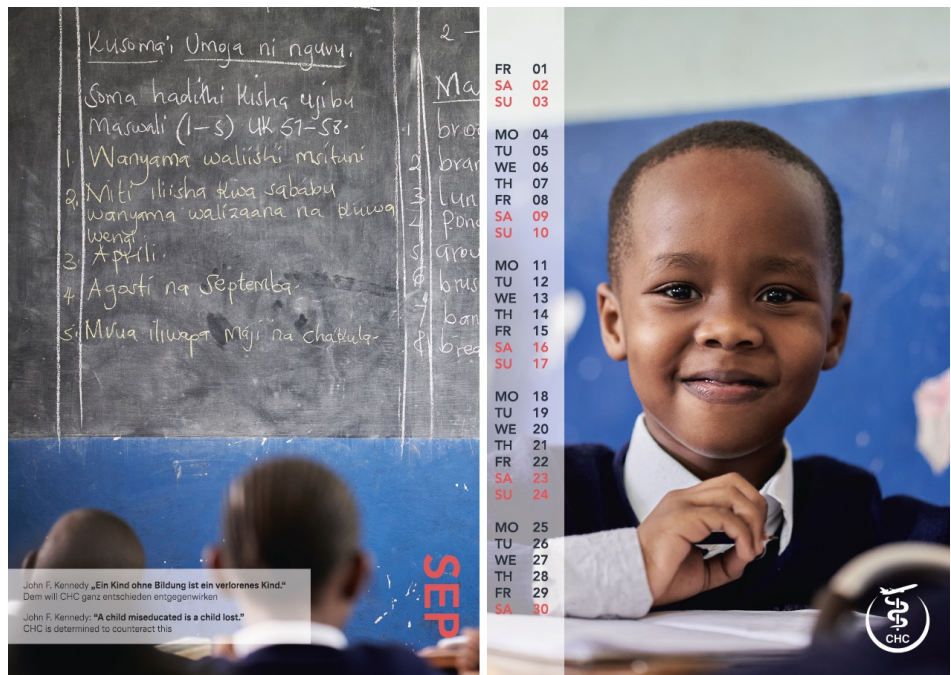
## CHC Calendar 2023

by Fokko Doyen

The CHC calendar 2023 is currently being printed. Patrick Kuschfeld has again compiled impressive photos of our projects - this time, not from a "bird's eye view" but "close by" to the people. We can already give a small preview here, and will inform you as soon as the calendar is available for order.



Cover of the CHC Calendar



September





## Entrepreneurship Course at the John Kaheni Residence (JKR)

by Cornelia Junge

A striking difference between our German and Kenyan mentalities can be observed in the way we deal with money and resources. While we "Wzungu" (whites) tend to plan and make provisions, in Kenya it is the here and now that counts, especially for the poorer population. If there is any money available, it is usually spent immediately - the need is great. Commercial thinking and action tend to fall by the wayside. In order to better equip the young people who are accompanied by our team of social workers in the John Kaheni Residence (JKR) during their training for an independent life, a comprehensive "entrepreneurship programme" closes this

gap. In modular learning units, the young people are taught marketing and communication skills in addition to commercial knowledge. And, of course, they receive a certificate at the end.

In order to support the transfer into practice, a questionnaire is used in which the "students" have to enter all income and expenses over a longer period of time. Sophie Kaminski, an employee of a local bank, accompanies the learning path so that sustainability is also ensured. This creates an awareness among the young people of where the money goes, what needs to be considered, and how to create reserves for the future – something our

students are also very interested in.



Sophie Kaminski



Markus Abel with "his" students



He made it!



Everyone enjoys the exercises

## Garden of Siloam

by Gerhard Meyke

The new building for the day care centre for children with multiple disabilities, designed by the Japanese doctor Dr. Kazuko Kumon, was handed over in August. As material costs also continue to rise rapidly in Kenya and the Kenyan currency has gained strength in recent months, the construction became much more expensive than originally estimated. Therefore, the CHC Board decided to extend the support, and financed a photovoltaic system and a solar system for hot water.

A video showing the new building and the impressive work of Dr Kazuko's team, is

available here: <https://www.youtube.com/watch?v=uWYVQuOvyR8>



The solar and photovoltaic system



Garden of Siloam





# Finally LIVE again: Office City Run 2022

by Fokko Doyen

Even though this time "only" around 500 runners started in Niederrad (roughly half of the pre-Corona turnout), a look at the total numbers including the virtual participants and at the pictures of enthusiastic runners and cyclists from all over the world, shows an extremely positive picture:

- 1,514 registrations worldwide
- 51 Superheroes (all four disciplines)
- Participants from 25 countries

At the moment, it is too early to take stock, but we expect a record result especially because of a very large donation from a Lufthansa Cargo customer. The proceeds will be used to finance the planned project

at our WINGS ACADEMY school near Marsabit. In future, 80 children will live there in solid accommodation - they will be spared the long and dangerous journey to school.

It was, once again, an impressive event - excellently organised by the very well-rehearsed organising team run by Christopher Biaesch and Uwe Schnier. More than 100 helpers ensured that the event ran smoothly. Pictures of the run can be accessed here: <http://cargohumancare.run/das-war-der-live-buerostadtlauf-2022> and there is a video of the virtual award ceremony for worldwide participants available here: <https://hvo.events/chc/>.

CHC will continue to support the children of this school in northern Kenya, also in the future. We want to enable as many of them as possible to attend secondary school after completing the eight-year primary school. The eighth-year students will already sit their exams at the end of 2022, after which they will go on to secondary school. We are still looking for sponsors for these children.



## CHC Ukraine Aid

by Fokko Doyen

Our Ukraine appeal for donations was very successful. With more than € 90,000 in donations, we were able to buy the specific medicines and dressing materials requested from Ukraine - thanks to good connections, always at very favourable rates. In cooperation with other aid organisations, the shipments went to hospitals in Lviv, Kamenez-Podolski, and Zaporizhzhya. In addition to the monetary donations, we also received a huge donation in kind,

worth over € 500,000, from a company in Hesse! This was special dressing material for active wound care - exactly what is urgently needed in Ukraine. And last but not least, a hospital in Wiesbaden donated two ultrasound machines which were put into operation in Lviv in mid-August. We thank all donors and all those who were involved in the organisation, packing, and transport.

