



# NEWS

Cargo Human Care e.V.



Meeting at the Wings Academy



Waterkiosk in Bubisa

June 2022

## Dear members and friends of Cargo Human Care,

At the beginning of last week, Gerhard Meyke, Dr Wolf Cyran and I returned very satisfied from a trip to Kenya. We were able to visit all our projects in Nairobi as well as in Marsabit, and conduct many conversations with our partners, employees, and sponsored children.

The visit to Marsabit was particularly important for us. We were able to clarify open questions with the local Water Management Committee regarding our water project in Bubisa. The crucial aspect for us is the long-term and cost-effective operation of the plant is secured locally - this is not easy, but we are now much more optimistic.

Accommodation for 40 girls and 40 boys is to be built at our Wings Academy school, there. This is important because of the rather long and dangerous routes to school. We want to secure the financing through the Office City Run. 175 children already attend this school

We are also very pleased with the newly built classrooms at the Happy Child School in Nairobi. It took only six weeks to construct the new building during the holidays. There are 190 children here. 365 children who attend our schools with palpable enthusiasm and, according to JFK ("a child mis-educated is a lost child"), certainly have better future opportunities than before.

Today, I would also particularly like to thank all those who have donated medicines for Ukraine. Three transports to the hospitals in Lviv and Zaporizhzhya have been made possible so far. Another transport is planned for the near future.

With heartfelt regards,

Fokko Doyen, President, Cargo Human Care e.V.



Get out of the slippers -  
Straight to the lesson

## Save the date 8th Office City Run

Virtual from 11.08. until 25.08.  
Live on site on 25.08.



## 8th Office City Run for Cargo Human Care

This year, our popular office city run will take place as a hybrid event for the first time.

**Virtual:** from 11 to 25 Aug, anyone in the world can run the 5 or 10 km, or cycle the 30 or 50 km, and report their results to us, or all four disciplines if desired.

**Live:** on Thursday, 25 August 2022, from 6:15pm in Frankfurt at the Hahnstraße sports facility in the Lyon Quarter.

This year, the net proceeds will go towards the construction of accommodation for 40 girls and 40 boys at the Wings Academy.

All info and registration at : <http://cargohumancare.run>

**Helpers are still urgently needed for the Office City Run. If you are interested and have the time, please contact [Claudia.Wittmann@dlh.de](mailto:Claudia.Wittmann@dlh.de)**



## Mothers' Mercy Home

### 16 New Admissions to the Mothers' Mercy Home - Sponsors Wanted

by Sieglinde Reinhard



The members of our Anglican Church partner's Mothers' Union know the circumstances of the families in their districts very well. Together with our senior social worker, Charles Muigai, they select the

children to be admitted to MMH based on their very poor family situation.

During the pandemic, only a few children were assigned to the MMH by the authorities due to acute emergency situations. This year, for the first time, we were able to integrate

16 children from the surrounding communities into the MMH. They moved into their new home in April, just in time for the new school year. They were welcomed by the whole team with open arms and provided with eve-

rything they need for themselves and for attending school. They have all settled in quickly and it is a joy to experience their cheerfulness and great interaction with the other children.

Half of the 16 new arrivals are still of pre-school age, and in several cases, older siblings also came to the home. We are now looking for sponsors for the majority of these children. If you are interested, please contact:

[patenschaften@cargohumancare.de](mailto:patenschaften@cargohumancare.de)

or:

[https://cargohumancare.de/wp-content/uploads/2022/04/Antrag\\_CHC-Paten-schaft\\_2022\\_digital.pdf](https://cargohumancare.de/wp-content/uploads/2022/04/Antrag_CHC-Paten-schaft_2022_digital.pdf)

## Happy Child Education Centre (HCEC)

### Extension completed

by Gerhard Meyke

The school in a slum area of Nairobi, which was only inaugurated at the beginning of 2019, was bursting at the seams. Last year, 150 children were already being taught in the school, which was designed for 100 children. Therefore, an expansion of the school was inevitable. After examining various offers, we decided to build a two-storey building in lightweight construction with two additional classrooms.

This construction method has the advantage that no building permit was required, and the project could be implemented very quickly. The extra tables and chairs were also financed by CHC.

In addition, we have ensured that children and teachers receive a healthy, vitamin-rich meal twice a week for about three months.



The new building of Happy Child School

## John Kaheni Residence

### Great interest in artisan training

by Arno Pfeifer

Again and again, young people knock on the door of our workshop in Kiambu and ask for training opportunities. The region in and around Kiambu is rural, so most families live directly or indirectly off agriculture. Unfortunately, the income is often not enough to feed the families or to finance an education for the children. That is why CHC has decided to offer a new training programme that is tailored to the needs of these families. Since May, we have been offering training courses in the fields of

fashion and design (tailoring), and leatherwork, which end with a state-recognised NITA certificate. The interest in the surrounding community was so great that a selection process had to take place. Ten students will learn how to work with needle and thread for the next three months, and thus also gain a professional perspective.



Apprentices from the region in our workshop





## Renewed drought disaster in northern Kenya / Marsabit

by Gerhard Meyke

For many years, the north of Kenya has been hit by devastating droughts at ever shorter intervals, which not only endanger the lives of people and animals, but often also cause fatalities. Last year, there was also a huge plague of locusts, this year, an unusual sudden cold spell that killed hund-

reds of thousands of animals, and now there is a drought on an unprecedented scale. We have therefore decided to provide 650 families with food for two months as part of our family aid programme, until the greatest need is hopefully overcome.



Distribution of groceries in Marsabit

## Garden of Siloam

by Gerhard Meyke

Unfortunately, there are many children with multiple disabilities in Kenya, who receive no attention from the health system, and whose parents receive no government support. The Japanese doctor, Dr. Kazuko Kumon, has made it her mission to create an opportunity for these children, who need 1-to-1 care, to learn and occupy themselves in a secure environment. Several children have already been placed there from our Medical Centre.

As the existing day centre has become too small, Dr. Kazuko, is building a larger day centre in Limuru thanks to the financial support of many donors and the Japanese Embassy. It is scheduled to already go into operation next month. CHC has also contributed €30,000 to this unique project and has pledged further support.



The day care center "Garden of Siloam" under construction

## Medicines for Ukraine

by Fokko Doyen

In April we called for donations for medicines and bandages for hospitals in Ukraine. The response was overwhelming. And so we were able to follow the previously sent delivery to Lemberg / Lviv with two more transports. This in cooperation with members of a Ukrainian Orthodox church community from Baden-Württemberg. First it went by truck to the Polish-Ukrainian border, where it was reloaded onto several vans and then taken to hospitals in Sapo-

tischschja, far south-east of Kyiv. Another delivery will soon go to Kamenez-Podolski in cooperation with the association PaZu e.V. (Partnerschaft für die Zukunft). PaZu has long-established connections there, which we would like to use and support in this situation. For understandable reasons, we have received few photos from the Ukraine so far - only pictures from the delivery in Lviv are available.



Arrival of the medicines in Lemberg/Lviv

## Co-operation with the OneDollarGlasses eye examination project in Kilifi

by Dr. Rainer Hürter / CHC-Ophthalmologist

In May, I conducted eye screenings in various villages in Kilifi on Kenya's coast together with our project partners, OneDollarGlasses and the German Doctors. These screenings took place at the HIPs (Health Information Points). We reached a new daily record on 23.5.22 when we treated more than 60 patients. Many patients could either be fitted for glasses, or we instructed them about

further examinations or surgeries. We agreed with the Clinical Officer of the Eye Unit at Kilifi County Hospital, to perform surgeries if needed. There are also plans to set up a permanent Eye Unit at the North Coast Medical Training College using second-hand equipment from OneDollarGlasses. <https://cargohumancare.de/augenuntersuchung-in-kilifi>

