



Dear Members and Friends of Cargo Human Care,

THE topic of the last six months at CHC was (and still is) our CHC Family Aid 2020. At the end of August, for the sixth time already, food was delivered to more than 200 families – both the Kenyan people's joy as well as your willingness to donate to the project have overwhelmed us. THANK YOU! More information and current pictures of the latest distribution are available here: https://cargohumancare.de/cargo-human-care-familienhil-fe-2020

We also have other success stories to report, however. Above all, the "somewhat different" Office City Run / BSL 2020 with almost 1,200 registrations from runners and cyclists all over the world. The proceeds will go towards our Family Aid project. For more information, visit: https://cargohumancare.de/familien-hilfe-von-cargo-human-care-freut-sich-ueber-40-000-euro

The water project in Northern Kenya, for which the BSL proceeds had originally been intended, was postponed due to the

corona crisis. Now, however, the project has become urgent after a well supplying 11,000 people irreparably collapsed. Together with Caritas Deutschland, we have launched the short-term drilling of a new well. Work has started. We have also had to postpone the Members' Annual General Meeting. This will likely now be held on 30SEP20 – provided that the rules valid at that time permit it.

So, you see: Things are happening at CHC - thanks to your help

Best regards

All Cogn

Fokko Doyen, President CHC

General meeting probably on September 30th Info will follow

Good News: Our children are returning to the MMH

The MMH social worker team also uses the monthly distribution of food to check on the situation of children living with their relatives. It turned out that, despite the food deliveries, some of the children were not being properly looked after. Various reasons: very cramped conditions or illness or incapacity of relatives. It is also important to protect young girls in particular from sexual assaults.

It is often difficult for our employees to say goodbye after the visits, when it is obvious that some children are not well cared for. Charles has therefore put all the levers in motion and, in consultation with the local authorities, has managed to ensure that those children particularly at risk or being neglected, can return to the MMH. Meanwhile, 14 children are back.

All children have been tested for COVID 19 and are kept in quarantine, away from the other children, for a period of 14 days. The focus is on getting their strength back through proper nutrition and keeping an eye on their health. For the time post-quarantine,



the team has prepared activities to get their schooling and domestic or craft skills back to a good level.

Here are some photos of the first returnees, including some taken at a Welcome Afternoon, though distanced from the group of children who had stayed at the MMH, but still no less affectionate. All involved were very happy that the children had returned.

Treatment numbers at the Medical Centre again almost at previous year level On site team is doing a very good job

Even though our doctors are currently unable to travel to Nairobi, medical care is guaranteed. We currently carry out around 2,000 treatments every month. For example, the ophthalmological care of our patients is ensured by our local optometrist, Michel, who conducts regular examinations and passes any unusual findings on to the ophthalmologist, Rainer Hürter.

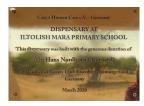
Within the Medical Centre, we try to ensure that the hygiene regulations (mask, distance, hand disinfection) are implemented as

far as possible. The masks are made in our leather workshop and also handed out to patients.

The official Covid-19 figures are still very low, at currently 33,494 cases in the whole of Kenya, however very little testing is being carried out overall. Fortunately, there has been no mortality increase associated with the pandemic. It is assumed that many of the Covid-19 infections are asymptomatic.



Handover of the dispensary (medical station) to Itolish Primary School /Masai Mara



The handover and opening of our dispensary, which was already completed in March, took place on 04AUG20 by Joachim Pfeffer in the presence of the local Chiefs and the school manager, Wilson. Joachim Pfeffer was also responsible for the planning and implementation of this

project. It was unfortunately not possible to commence operations earlier since the delivery of the furniture and medication had been delayed by Kenya's long lockdown.

The school employed Joan to manage the dispensary. Joan has taken on the role of clinical officer and was able to treat her first patients already on opening day. CHC will continue to support the project. Once funding is secured, a refrigerator will be purchased

to store vaccines for the local population. At the same time, the installation of a solar system is necessary to ensure the power supply.

An official inauguration ceremony with the project's supporters will be held as soon as possible.

Many thanks to the Rotary Club Eisenberg-Leinnerland for the generous donation, Phoenix Safari for the logistical support, and Joachim Pfeffer for the planning and implementation of the project.



Clinical Officer Joan

Water project in Marsabit County Phase 1 launched in September 2020

Droughts are increasing in the northern part of Kenya. The first time that CHC, in close cooperation with the Anglican Church, supplied many families in the rural region with food over a long period of time, was in 2011. In 2017, people experienced the next devastating drought and we helped again. This was repeated in 2019 and also in 2020. This year, they not only suffered a drought, but a devastating locust plague, too. In 2020, we provided food to around 8.000 people.

However, since this is always just emergency aid but not a sustainable solution, we have decided to participate in water projects. We have established a strong contact with the local organization PACIDA, which has been developing and implementing water projects in North Kenya over the last 10 years. Together with Caritas Deutschland, which has already carried out several projects with PACIDA, we are supporting the 3-phase project of well drilling with filter systems in Bubisa, north of the city of Marsabit, which began on 01SEP20. CHC will finance the first



phase with approximately 55.000 Euros. Phases 2 and 3, costing a total of approximately 220.000 Euros, will largely be taken over by Caritas Deutschland and we will support the process.

Depending on the travel restrictions at that time, we have planned to visit the town in October.

The 2021 CHC calendar has a new concept And, as always at CHC, people are the focus of attention



The CHC calendar again measures 48 x 29.7 cm (landscape) and will soon be available for order..

The original calendar team (calendar No. 1/2008) is creating the CHC calendar 2021 based on a new concept. Photographer Jens Görlich's idea is to bring the people of Africa and the "CHC helpers" together through very reduced, "dense" portraits. Thus, the "linking two worlds" theme is again taken up but implemented in a completely new way. It shows different worlds that are visually connected, be it through expression, direction of vision, facial expressions, light and shade, or colour. Nana Cunz has taken over the graphical preparation of the calendar. The sleek calendar layout is designed so as not to detract from the effect of the portraits and is centred in the middle as a connecting link between the two images. The calendar features interesting people, depicted in different areas, and each tells a short biographical story in the form of a citation.