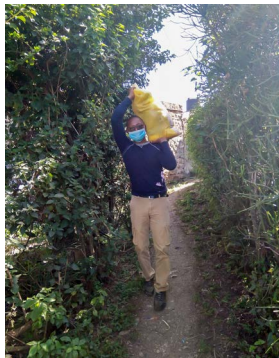




CHC-UPDATE #3

Cargo Human Care e.V.



Charles distributing food



Clothing is also required



Storage of food in the MMH before distribution

July 2020

Dear Members and Friends of Cargo Human Care,

On 06.July 2020, the Kenyan government announced a **cautious lifting of some of the strict regulations regarding curfews, assemblies, and air travel.** Domestic flights are possible again from 15JUL20, international flights from 01AUG20. We are closely monitoring what formalities will be required upon arrival or departure (quarantine?) and are planning a location visit as soon as possible. Whether it will soon be possible to fly doctors out on a mission, we cannot yet say. Until further notice, all missions have been cancelled.

A few facts regarding COVID-19 in Kenya:

There are currently **10.105** (Status: 13.07.2020) **confirmed cases**, and infections have been confirmed in 42 of the 47 counties. Nairobi and Mombasa are considered hotspots. The real number of infections is presumably much higher, since **test capacities are limited.** However, it is assumed that **due to the age structure** with 58% < 24 years and 38% between 25 and 54 years, **mainly asymptomatic infections** are experienced, which are not recorded. Our Medical Centre has been open since the start of the pandemic, and the number of passengers treated is now almost at the same level as before the pandemic.

“How are our patients and employees?”

We are being asked this question more and more often - and rightly so, of course, given the current situation! We can basically say that: **Our Family Aid 2020** was and is the **right action**, because we were able to help those in need. Charles and his team have so far **delivered food to more than 200 families** on four occasions - and there is no end in sight, as schools will remain closed until at least the end of the year according to the latest government decision. The economy and tourism are completely down. There is no work and no money for large numbers of the population. It is clear: **the people are dependent on our help** and they are very grateful. We know this from the many messages we get from Charles, who organises everything on site.

Concern for the MMH children

However, we are now concerned about other feedback we have received: **some of the MMH children are not being adequately cared for by their relatives.** Knowing the origin and reasons for the children's admission to the MMH, this does not entirely surprise us. Charles made a very precise analysis based on his own

observations during four visits to the children at their families. Consequently, he has named those children who urgently needed to be brought back to the MMH. **Charles is now in close contact with the office responsible for the children** in order to get more than 20 children back into MMH before the end of this week.

Office City Run - Aid for Family Aid

We have received excellent financial support from very many of you in the past few months - for this I thank you sincerely. **Please continue to support us** and the many needy people. You can do this, for example, by **taking part in this year's Office City Run.** For known reasons, there will be no run in the Frankfurt Stadtwald this year, but you can run the 5 or 10 km on your "home track" anywhere in the world and tell us your time. Alternatively, you can cycle 30 or 50 km. **The proceeds from this event are also planned to support our Family Aid.**

So! **Register now on www.cargohumancare.run** and let's get going!

Fokko Doyen, President Cargo Human Care

