



# NEWS

Cargo Human Care e.V.



Opening of the new JKR training centre for leather processing



Christmas celebration at MMH

March 2020

Dear Members and Friends of Cargo Human Care,

Someone I respect a great deal, and who is a long-standing CHC supporter, sent me these word of wisdom with regard to the new year (decade), in his Christmas letter:

"Never start stopping – Never stop starting."

These were not words he had penned himself; they were a quote from a certain Marcus Tullius Cicero. However, I like it very much. And we also want to proceed along the lines of this motto with CHC in the year 2020: Starting new things and certainly not stopping with anything that we have already successfully launched in recent years.

Our large and sustainable goal for 2020, is to provide water for the 6,000 people in the villages in the Marsabit area, where we have now thrice supplied the population with food in times of drought. Yes, we have set ourselves an ambitious goal - but we are now getting down it and making it our 2020 project.

However, one wonderful story is coming to an end this month:

we have to say goodbye to our biggest ambassador: D-ALCH. The plane will leave the cargo fleet on 19th March. We CHC board members have already said goodbye to "Charlie Hotel" - admittedly with some emotion involved.

Please do not stop supporting our work - in everything we start and continue.

Thank you,

Fokko Doyen, President CHC

## CHC 2019 in numbers

### 268 Sponsorships

plus 5 trusts with class sponsorships

### 632 Members

6,000 Families were supplied with food during the drought

### 12,658 Patients

### 32,370 Medical treatments

Save  
the date

**General meeting**  
Wednesday, 13.05.20  
at 19:00 o'clock  
Opelstraße 19a,  
Mörfelden

## The sponsorships at a glance

Regular proceeds from membership fees and sponsorships are especially valuable for Cargo Human Care's work in Nairobi.

Here is a current overview of our sponsorships:

### School sponsorship for children from the MMH

- 105 children • School fees
- 105 sponsors • Costs 30€ per child/month

### Medical sponsorships for children from the MMH surroundings

- 69 children • School fees, partly special schools and vocational training
- 95 sponsors • Partly additional medical care
- Partially aids and support for living expenses
- Costs between 25€ and 100€ per child/month

### Training sponsorships for MMH graduates, students from the medical sponsorships and other projects

- 46 "students" • Fees for training institutes and material
- 68 sponsors • Cost of living (housing, food, transport)
- Pocket money
- Costs for accompanying development programs
- Expenses average 200€ per student/month

Your trust makes us proud.



## Late Christmas and New Year's at Mothers' Mercy Home

By Sieglinde Reinhard

The cheerful celebration took place with great enthusiasm, much joy and laughter on 4.1.2020. "Why so late?", you may wonder. Over the holidays, most of the children were with their relatives. Altogether, the children and employees of the MMH enjoyed a wonderful celebration, where every child received his or her Christmas present. Many new urgently needed items such as new mattresses, bed linen, towels, shoes for school, and trousers and sweaters for the older children were distributed. But naturally, those gifts for sports and fun such as footballs, table tennis bats, beaker stilts, puzzles and table games were the ones that made the children's faces light up.

Another highlight was the good food prepared by the kitchen, with meat, fruit, and soft drinks. If you bear in mind that, throughout the year, the food is mainly rice and beans, and that water from the large tank and tea are available as beverages, you will understand how much this extraordinary food was appreciated. The happy celebration and the gifts were made possible, as in previous years, by the generous donations of CHC members, a school campaign and other sponsors. On behalf of the children and the whole team, Charles, the Senior Social Worker, thanked us from the bottom of his heart and sent us many photos. We are very happy to pass on these thanks!



## Perhaps the beginning of intercontinental telemedicine.

The eye department has a new device

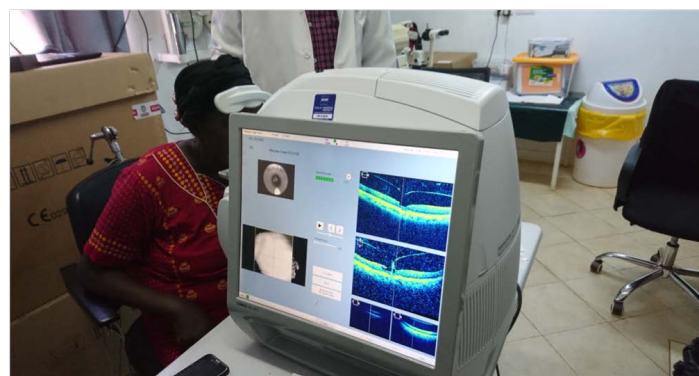
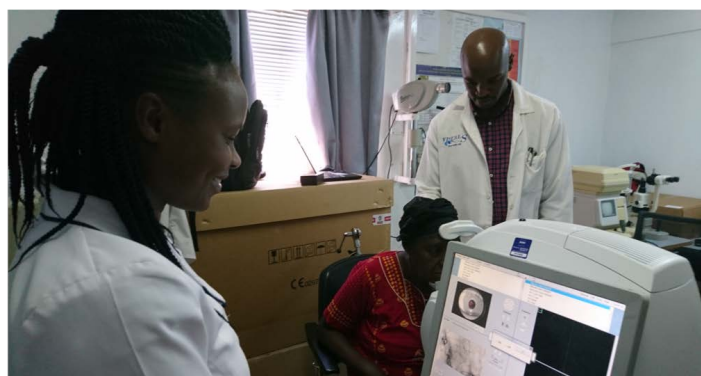
By Dr. Rainer Hürter

Thanks to the cooperation of Zeiss and the generous support of the Rotary Club Frankfurt am Main, Friedensbrücke, we were able to purchase a used, but almost new OCT device.

This device enables microscopic images of the ocular fundus, which is especially advantageous for our diabetes patients, as we can also detect early stages of retinopathies quickly and without stressing the patients. Thanks to additional lenses, it is also pos-

sible to examine the cornea to detect keratoconus, which is very common in Kenya.

The machine can also be operated by our nurses. They are thus able to send corresponding images to Germany for evaluation, and to enable appropriate follow-ups. This is just the beginning of an intercontinental cooperation via telemedicine.





## Official opening of the new JKR training centre for leather processing

By Arno Pfeiffer

30.11.2019 - Kiambu. Finally, the time came. After two months of intensive formal and technical preparations, the new training workshop was officially opened during a small celebration. An excellent opportunity for the numerous guests to get an impression of what will be taught here to young people in the future: The manufacture of leather products such as bags, belts, leather jewellery and similar leather products. Numerous studies show an increasing demand in this industry in Kenya. A good chance for our students to enter this professional field with a future.

In addition to a state-recognised degree in leather processing, further training courses will be offered to those interested, with the aim of setting up a small independent business in the future. In the coming months, those keen to learn will be able to attend the courses held there.

Special thanks go to the Rotary Club Böblingen-Schönbuch, which made this project possible. Machines and operating equipment, as well as running costs, are being financed by a generous donation from the club.



## The CHC board says goodbye to the largest Cargo Human Care ambassador



from the left: F.Doyen, G.Meyke, S.Reinhardt, Dr.Th.Berger, A.Pfeiffer, Dr.W.Cyran, (M.Schlingensiepen is missing)

