



# NEWS

Cargo Human Care e.V.



10 years Medical Centre



5. Bürostadtlauf ( Office City run) 29.08.2019

June 2019

Dear Members and Friends of Cargo Human Care,

many of you attended our Members' General Meeting a few days ago and are now up to date regarding our work in Kenya. We – the old and now also newly elected Board – thank you for your faith in us and the diverse support that makes our work possible.

We published the March newsletter for the first time under the motto of "Keep it short and sweet" and received positive feedback from you. So we're sticking to it now: a two-page newsletter with links to [www.cargohumancare.de](http://www.cargohumancare.de), where we regularly

report on current topics in detail.

Best regards  
Your

Fokko Doyen, President CHC

## A successful year 2018 and exciting developments in 2019 13th CHC Members' General Meeting on 4th June 2019

Together with a total of 60 members and friends, CHC was once again a guest at the premises of our long-standing partner, the Werkstatt für Behinderte (WfB) [Workshop for the Disabled] in Moerfelden.

Fokko Doyen greeted the guests with an overview of CHC's completed, current and future projects. Looking back, the particular focus and challenges in 2018 were the completion of the "Happy Child Education Center" school, the change to the flight situation for our doctors and volunteers, and the personnel changes in running projects. This year, the expansion of the Wings Academy school near Marsabit is of note, as is the 5th Office City Run on 29th August, with the proceeds going to CHC.

The subsequent, detailed reports on the topics of Medicine (Dr Thomas Berger), Mothers' Mercy Home (Sieglinde Reinhard), John Kaheni Residence (Arno Pfeifer) and the financial report (Gerhard Meyke) were presented in an inspiring and comprehensible fashion. Convinced of the positive development in the past years and with a good feeling, the attendees unanimously ex-

tended the mandate to all seven Executive Board members for another two years.

Christiane Fritsch and Hermann Zunker were named as Members of the Year. Finn Weimar was awarded the Special Youth Prize for his dedication. A full report and further details on the individual topics, as well as the General Meeting presentation containing facts and figures are available [here](#) on the CHC homepage.



Martin Schlingensiepen, Dr.Thomas Berger, Sieglinde Reinhard, Dr.Wolf Cyran, Arno Pfeifer  
Fokko Doyen, Gerhard Meyke

Save the date:

**29.08.2019**  
**Office City Run**  
**registration here:**  
<http://cargohumancare.run>



## News from the CHC Medical Centre

### A new autoclave in operation

By Dr. Thomas Berger

An autoclave is a hermetically sealed pressure vessel, which is used for the steam pressure sterilisation of medical instruments, surgical laundry, swabs, etc.

Thanks to the support of the Frankfurt Friedensbrücke Rotary Clubs, CHC was able to purchase a new autoclave which was transported to Nairobi on board of the same plane that I was sitting in. Clemens Greve, a member of the Rotary Club, accompanied me on my assignment, to get an idea of CHC's projects on site. The customs formalities were quickly sorted within the space of two days, so that we were able to unpack and set the autoclave up together. However, it came as a great shock when we realised that the menu on the machine's display was in German and could not be easily changed to English. With the help of the Melag company and with some patience, we managed to import a new language file, so that our Kenyan staff can now also make full use of the autoclave. The autoclave will ensure and improve the quality of care of our patients at our Medical Centre.

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### First Aid Introduction for the Teachers of the Happy Child Education Center

By Dr. Thomas Berger

Boniface, our local Medical Officer and I carried out an advanced training in First Aid for the five teachers. The focus was on preventing accidents in the nursery, as well as practical exercises: Explaining the contents and use of the First Aid boxes sponsored by the WERO company, applying bandages, dealing with burns, and positioning techniques (recovery position). The training was useful since it was very apparent that our teachers were all applying bandages for the first time.



### 10 years' CHC Medical Centre

By Gerhard Meyke

Our Medical Centre was inaugurated and started operation in April 2009. On 24th April 2019, we celebrated its 10th anniversary with a beautiful ceremony together with the entire staff of the MMH, the JKR and the Medical Centre, as well as several of our children. At the same time, we were able to use this occasion to congratulate CHC

staff members on their 10 years of service and present them with a bonus.

Judith, Rachel, Susan and Charles

On this occasion, we also honoured employees who are paid by the Church / Mothers' Union and have worked MMH for 10 years or longer.



These are just small excerpts of our activities in Kenya. You can find exciting coverage and updates on all our projects and topics on our homepage and on Facebook. Take a look!

#### Washington DC / Statesman Award of Fomer Members of Congress

<https://cargohumancare.de/statesmanship-award-2019>

6. Medical Camp in der Massai Mara - <https://cargohumancare.de/medical-camp-masai-mara>

World Orphans Day - <https://cargohumancare.de/world-orphans-day>

All about farming - <https://cargohumancare.de/a-visit-to-the-mlango-farm>

Thank you – Laptop for a blind boy handed over after an appeal of CHC - <https://cargohumancare.de/aufruf-erfolgreich>