



NEWS

Cargo Human Care e.V.



March 2019



Inauguration of the Happy Child Education Centre



Invest in education: Students of the MMH

Dear Member and Friends of Cargo Human Care,

“After the race is before the race...” to quote in the style of the well-known national coach of 1954.

Our Office City Run Organising Team is once again hard at work in setting up the event scheduled for 29th August 2019. This will be the fifth time it takes place. Note the date in your diary!

This run is not only very beneficial to you and your health (IF you participate as a runner), but also to our sponsored CHC projects. Proof of this is, in particular, the Happy Child Education Centre, which opened in January this year. With the proceeds from the 2017 event, amounting to more than 27,000 Euros, we were able to shoulder a large part of the funding for this school. It currently provides the first access to an education for 68 children from the Kabiria slum region – this is planned to increase to 100 by the end of this year. A great success, and once that Christopher Bjaesch, Uwe Schnier, and the entire Office City Run Team can really be proud of.

And “Before the race”? The Office City Run 2019 will again be dedicated to an education project. We want to invest even more in education in future at the Mothers’ Mercy Home, in order to ensure that our over 100 orphans have a better start in an independent life, with improved career perspectives. The first years of running our John Kaheni Residence have uncovered deficits in many school leavers, that require additional and, above all, earlier support for the MMH children. These are to be funded with the proceeds from our Office City Run 2019.

So: Lace up your running shoes on and let’s get going!

With best regards and a heartfelt ASANTE SANA

Yours

Fokko Doyen, President CHC

We are delighted about all the positive Press regarding the opening of the Happy Child Education Centre: <https://cargohumancare.de/category/happy-child-education-centre>

Close cooperation with medical partners.

If everyone gives and does what they are best at, then it all works out!

We are well-equipped at the CHC Medical Centre, to deal with outpatient medical care. However, if an operation is required, the patient is transferred to one of the nearby hospitals with which we cooperate.

Surgical instruments and a microscope for Ears-Nose-Throat operations at Kikuyu Hospital

When it comes to ENT cases, we work together with Kikuyu Hospital. Thus, our ENT doctors are in regular contact with Dr Samuel Gatherer, who carries out the operations. During a visit at Kikuyu Hospital, Dr Roland Panis

noticed that surgical instruments necessary for ear-drum operations and a surgical microscope were required.

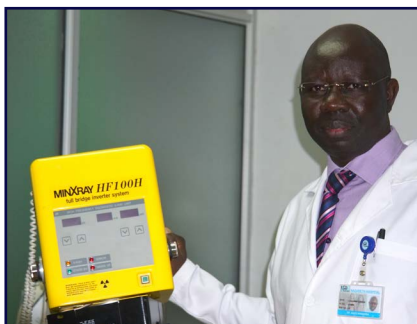
Back in Germany, he convinced the Storz company to donate the urgently needed surgical instruments to CHC, and the Zeiss company generously donated a surgical microscope. The instruments were presented to the hospital back in December already. Transport to Kenya is currently being organised for the microscope. In order to further strengthen the cooperation with Kikuyu Hospital, Dr Panis will carry out a week-long workshop in April, together with Dr Garthere.



ENT- doctor Dr. Bernd Wolters handing over surgical instruments

Save the date:
General Assembly
on June 4, 2019
at 6 pm





Dr. James with the X-ray machine

Two old x-ray machines were salvaged and refurbished for Nazareth Hospital, Nairobi.

A mobile x-ray machine and digital x-ray machine were in storage at Lufthansa Technik since 2001. They had never been used and were due for disposal. Our colleagues Matthias Löhner and Peter Martens saved them for us, and Dr James, Nazareth Hospital's Medical Director, was delighted with the offer. Oliver

Borstelmann at RTM carried out the necessary technical audits, certification and even a repair on the mobile x-ray machine, free of charge. That mobile x-ray machine is now serving the operating theatre and the intensive care unit well.



Training within the Medical Centre

Bandaging Techniques Training

Applying compression bandages to patients with chronic wounds, requires skill and special know-how. Yvonne Flammer from the German Doctors in Nairobi arranged a skill enhancement training especially for this, and invited Carsten Hampel-Kalthoff from Orgamed in Dortmund, to be the instructor. Our Medical Centre Team attended with great enthusiasm and interest. The theoretical basics and practical exercises were very informative, and the technique has already successfully been

applied at our Medical Centre. The bandaging materials required for the training, were generously donated by companies Braun, Draco and Hartmann. Another large dressing materials donation will be sent to Nairobi as soon as the import formalities have been sorted.

It is amazing that each of these ideas could be implemented, step by step and in close cooperation with everyone involved. Many thanks to all those who helped to make these projects a success.



Millicent Wanjiku Makenyeh

Our new Social Worker member of the JKR Team introduces herself:

Millicent Makenyeh is a valuable addition to the JKR Team since the start of this year. We look forward to working with our highly competent and congenial new colleague. **Karibu Sana!**

"My name is Millicent Wanjiku Makenyeh, social worker at John Kaheni Residence. I graduated with a Bachelor of Arts Degree in Social Work from the University of Nairobi in the year 2010. I am committed to effect positive impact in line with the organization's vision and objectives through mentorship programs, life coaching and impacting the youths with relevant knowledge, skills and competences

that will foster responsible, self-reliant young adults. This, together with my colleagues, is achieved through positive team spirit with a level of flexibility to accommodate diplomacy in order to ensure realization of the ultimate desired impact. I thank the CHC fraternity for their continued support towards ensuring that we give the youths the best start to an independent, confident and self-driven adult life."

50 School Uniforms for the MMH children The Swiss Young Network Christmas Campaign

A donation of 35 CHF finances a school uniform and uniform shoes for one child for one year. With their Christmas Campaign, our SWISS colleagues in cooperation with "SWISS Staff Foundation for Children in need", set themselves the goal of providing complete uniforms for 50 children for the next school year. It was an extraordinary success. Each sponsor received a star containing a photograph and the name of the child that they had sponsored, as a Thank You.



Impressions from the MMH Graduation Ceremony 2018

