



# NEWS



The new building Happy Child Education Center



Excursion during the MMH August-holiday-camp

Cargo Human Care e.V.

October 2018

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## Dear Members and Friends of Cargo Human Care,

Once again, several CHC activities were hosted over the course of this hot German summer – both here in Germany as well as in Kenya.

The Office City Run (Bürostadtlauf) in Frankfurt in aid of CHC has established itself as a tradition, with 2018 seeing the fourth edition of this event. For the first time, this year more than one thousand Finishers completed the run! At present, the net proceeds are not yet finalised, however, it is already clear that the ambitious target of €30,000 has definitely been achieved. This money should ensure medical treatment for more than 3,000 children and young people, for one year. This result was reached thanks to the many event sponsors and Lufthansa Cargo's strong support. It is also already certain that the run will be hosted for the fifth time in 2019. Our thanks go especially to Christopher Biaesch, Uwe Schnier and the excellently coordinated BSL Organising Team.

Workshops once again took place in the August holiday month, for all children at the Mothers' Mercy Home. You can read Sieglinde Reinhard's corresponding article and see the photos on our homepage. The children's joy at this very different kind of

fun and learning compared to school is written on their faces.

The Happy Child Education Center, our joint project with the Help Alliance and the Regine Sixt Children's Aid Foundation, is now quickly reaching finalisation after its many delays often due to weather. 100 children can now look forward to a great new school in 2019.

We thank all of you – more than 600 members meanwhile, and the very many readers of this newsletter – for your strong support of all our projects.

Please remain well-disposed towards us. We still have a lot planned!

Sincerely yours

Fokko Doyen, President CHC

# 1,067

reached the  
finish line at the  
4th Office City  
Run



## The Office City Run (Bürostadtlauf) 2018

Great Event – exceeding all expectations

Thanks to the excellent preparation and organisation of this year's Office City Run on 23.08.2018, runners and helpers were able to enjoy the evening run through the Lyon Quarter (previously known as the Frankfurter Office City) in perfect weather conditions. The entry fees should cover medical treatment for 3,000 children and young people in Nairobi for one year. The target was even overachieved. We will find how much money was raised, when the cheque is officially handed over on the 8th October. We will report back on this. Asante Sana.



# The Highlight of the Year for the Children of MMH

## August Holiday Camp from 25.7. to 9.8.2018

By Sieglinde Reinhard

Once again, in established tradition, a holiday camp for the children of the MMH took place in August 2018. The programme included various workshops for all age groups and trips for those children who had not been on an outing in April.

The c. 50 pre-school and infant school children were given activities using paper, paints, scissors, and glue, as well as an introduction to working with wool. Assorted decorations were produced for the communal rooms. Amongst other things, the children practised different painting techniques, working with water colours. Details and pictures are available on this webpage:

<https://cargohumancare.wordpress.com/2018/08/21/august-ferien-camp-25-7-bis-9-8-2018/>



Three American-style picnic benches were built in the wood workshop, and immediately put to good use. The report and corresponding photos can be seen here: <https://cargohumancare.wordpress.com/2018/08/21/aus-der-holzwerkstatt-2/>.



For those children in Primary Years 7 and 8, and 1st Form in Secondary School, all exercises and reflection rounds centred around the topic of their possible future careers. The highlight was a trip to Nairobi's National Museum and the Railway Museum, where they learnt a great deal about the history of Kenya and mankind. Read more here:

<https://cargohumancare.wordpress.com/2018/08/21/aus-der-holzwerkstatt-2/>.

The young people in the upper three years of Secondary School attended courses on personal development and career choice at the MMH as well as at an external three-day seminar carried out by the local organisation, Hidden Gem.

Other agenda items included classes on creating personal Memory-Books for those in Years 5, 6 and 7, a trip to the Nairobi Safari Walk, which borders on the National Park, for Years 5 and 6, and a guided hike to the next town. Photos are published on this webpage:

<https://cargohumancare.wordpress.com/2018/09/12/august-holiday-camp/>.

Overall, once again manifold activities were carried out in classrooms and in play and sport in the open air so that the holidays were great fun on the one hand, but also provided much food for thought on the other hand.





## Progress at the Happy Child Education Center (HCEC)

Our joint project with Help Alliance and the Regine Sixt Children's Aid Foundation

By Gerhard Meyke

On my last visit during the second week of September, I was able to see for myself how swiftly construction work was progressing. Where the septic tank had once stood, there was now a raft foundation in place, and work had started on erecting the walls for the right half of the school building. Our aim is to have the roof in place by October, which is when the next rainy season is expected. We plan to have the main part of the building work finished by Christmas 2018, so that all that is left to do at the start of the new year is "fine-tuning". The official opening is planned for Monday, 21.1.2019.



### Background Information:

*The Happy Child Education Center is a small (pre-)school for 45 children and was proactively founded in a Nairobi slum by Tabitha Njuguna – a very motivated and talented teacher. In these surroundings, characterised by high unemployment, pre-school is the only access to education for children. The school was officially registered by the government as an educational institution in 2016, and CHC built toilet cubicles. Only a few months later, the owner of the premises had the classrooms demolished, in order to build additional huts for other tenants. The school's playground disappeared altogether. At the same time, the rent increased by 60%. Unfortunately, such wilful changes to informal leasing agreements cannot be prevented from happening again.*

*In order to ensure a long-term future for the school, we, together with the Help Alliance and the Regine Sixt Children's Aid Foundation, are constructing the new Happy Child Education Center on a piece of land belonging to the Anglican Church. In future, 100 children aged between 2 and 6 years will be taught here. Until the new school is opened, classes are being held inside the church.*

**A Thank You letter from  
Nairobi - sad, honest and  
endlessly thankful.**

**Medical care is a matter of course?  
Not for everyone.**

Cargo Human Care Medical Centre,  
P.O Box 886,  
Kiambu.

Tel: +254 714-796-822

Dear Sir,

**RE: Jane Nduta Ngugi (Deceased)**

Reference is made to the above named person who has been receiving treatment at your hospital.

Jane had a traffic accident in the year 1992 a spinal injury of which she has been receiving medical care in your hospital since 2012. Through your initiative all the patients who are physical challenged have been receiving medical care have their bills waived and she was in this category.

All this time, she has been receiving treatment at your hospital; she had high blood pressure like any other patients were done by you on free basis.

On December 2017, She developed bed sore which was dressed by your hospital on daily basis, later the bed sore got worse and you referred her to Nazareth Hospital. On 1<sup>st</sup> Feb 2018, she was admitted in the ward at the same hospital. She stayed there for 61 days and passed on 6<sup>th</sup> April 2018.

The purpose of this letter is to appreciate for the support that your staff members accorded my wife. Waiving her bills at your hospital and clearing the bill at Nazareth Hospital. My appreciation goes to your staff and all Cargo fraternity.

May the good Lord bless you all.

Yours Sincerely,

Peter N. Kanyoro

*Kanyoro*