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Dear members and friends of Cargo Human Care,

2017 is coming to an end, and therefore also our 10th anniversary year. Reason enough for us to use the one or other opportunity to look back at how our projects have developed – We did this at our Members' General Meeting in May, for example, and with the publication of our 10-year anniversary booklet, which gives you a comprehensive overview of CHC and many of the people involved. If you are interested in our booklet, please let us know. We still have some available and can send them to you for €10 including postage and packaging.

This is what happened at CHC in 2017: The famine in the North of Kenya prompted us to ask for donations in February, for the second time since 2011. We were then able to provide around 6,000 people in the area of Marsabit with foodstuffs for several months. Bishop Qampicha confirmed to us a few days ago, that our aid had been important for the survival of the people there: "We are grateful that you and Cargo Human Care fed our people and by God's grace spared their lives from death." Gerhard Meyke and Dr. Thomas Berger are in Kenya right now and visiting Marsabit – amongst other things to find out how we can sensibly invest the rest of the money from this campaign. We will keep you updated.

Our new project, the Happy Child School in Nairobi was supposed to be halfway through the construction phase by now. The necessary financial and planning requirements have long been met, however due to the unclear political situation prior to and after the elections, and the resulting limited activities in the authorities, we had to postpone laying the foundation stone. Things are hopefully now calming down now since the swearing-in of Uhuru Kenyatta, so we hope to commence building latest by the start of 2018. The school

will probably start running in the third quarter of 2018.

We will hold a farewell ceremony for the first nine alumni from the John Kaheni Residence at the beginning of December. Our aim was always to provide the children of the Mothers' Mercy Home with a solid professional foundation for their life. With this farewell ceremony for the young people from the CHC program, we are now able to "release" the first young people into their independence and wish them lots of success and luck for their next steps.

We recently reported that CHC is now also registered with Amazon Smile, and that our aid organisation can also profit from a small percentage of your internet purchases. Some adjustments to our registration were necessary, but it now runs smoothly. Therefore, we are naturally delighted if you register with Amazon Smile for the benefit of Cargo Human Care – if you have not already long since done so.

On behalf of the entire CHC Board, I wish you a lovely and hopefully relaxed Advent.

Your



Fokko Doyen, President CHC

Swift aid during the famine

A message from Marsabit

By Gerhard Meyke

During the months of March until June, we provided basic foodstuffs for around 6,000 people in the Marsabit area. In close cooperation with Bishop Qampicha from the local Anglican Church, we were able to ensure that your donations were efficiently deployed. In this regard, shortly after the last delivery to the four villages, we received the following message from Bishop Qampicha: "This was a huge help and lives have been saved from death and destruction. We are forever grateful for this your humanitarian support and interventions."

The situation has eased somewhat since June, after some rain, however looking at the monthly drought reports from the Kenyan government, a lasting improvement has not been achieved. The cattle still do not find enough food, and so the people living exclusively from stockbreeding continue to suffer. We will therefore put aside the remaining almost 11,500 Euros for future aid to this region. In total, over 61,000 Euros were given to us during the "Hunger Aid Marsabit" campaign.

Medical Camp in the Massai Mara - Focus on Ophthalmology

Help, however small or large, has an effect!

by Dr. Magdalene Budach

In November, we carried out a Medical Camp in der Massai Mara for the fourth time. The team consisted of Dr. Rainer Hürter, eye specialist, assisted by Felistas Kamau, one of our nurses from MMH and Dr. Magdalene Budach, General Practitioner. Unfortunately, there were not as many patients as usual, this time around. The reason for this was the high police presence due to tribal feuds. Nevertheless, we saw almost 100 patients of all ages. Dr. Huerter was very much in demand and the glasses we had brought were soon handed out. His patients' medical cases ranged from small problems to difficult corneal complications. Thanks to a slit lamp converted especially for the mobile mission, it was possible to carry out detailed eye examinations in the Massai Mara, and eye and glasses tests were ensured with Felistas' competent help.

Thankfully there were no serious illnesses in my general surgery this time. Instead, many people – women especially – complained of back pain and allergic reactions to dust and cold.

It was very good to see that the boy who we had transferred to Martha Hospital last year with a serious heart valve defects, was now doing very well with proper care.

A girl with very limited mobility in her left arm due to serious burns, had been given instructions for exercises and these had helped to greatly improve movement in her arm.

The child, then three weeks old and with life-threatening epileptic fits, which we had transferred to the clinic last year under dramatic conditions, is also now doing well.

Without the active support and sponsoring from the Gauff company, who covered the flight costs, and Phönix Reisen (Phoenix Travels), who ensured free board and lodgings for us, this practical mission would not have been possible.

We also thank our driver, John, as well as Moses and Emanuel for their interpreting help as some of the patients spoke neither English nor Kisuheli.

David, the local Medical Officer who organised the camp, asked us to continue our missions as he found our cooperation and the exchange very beneficial for the patients.



Happy Child Education Center

We are building a school together with the Regine Sixt Foundation and the Help Alliance

By Gerhard Meyke

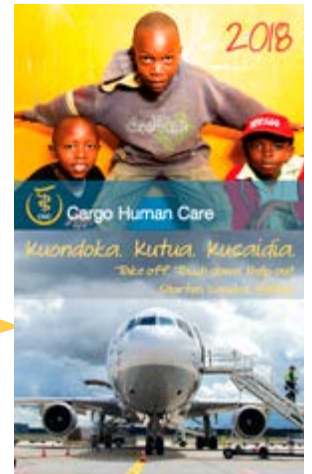
The contracts with our building contractors for the construction of a school in the North of the city, near the Kabiria slum area, were already signed on 11.9. The erection of this school for 100 Kinder on the grounds of the Anglican Church, is being funded in thirds by the REGINE SIXT Foundation, the Help Alliance and CHC. Initially, mid-October was the planned construction start date, with completion and the inauguration scheduled for the second quarter of 2018. Due to the political situation prior, during and after the two elections, and the related standstill in almost all public offices, we are unfortunately still waiting for the written construction authorisation. The construction start is now also delayed as a result.

Are you still looking for a meaningful Christmas present?

Kuondoka. Kutua. Kusaidia.

You can order the CHC calendar 2018 online for 15 € incl. postage and packaging (<http://cargohumancare.info>). If you collect it yourself, you only pay 12 Euros. If you purchase three calendars, the price goes down to 10 Euros per calendar. All proceeds always go towards CHC's projects in Kenya. In addition to the internet, you can also buy the calendars at one of the following sales points:

FRA F/OF Karolina Hättü Gebäude 420 3. Stock
FRA F/CI Gebäude 322, BG 5. Stock, Raum 5.140
FRA F/OF-C Crewproceeding Gebäude 420 3. Stock, Raum 3.004A
FRA FS/AI Uwe Schnier Gebäude 568 4. OG, D209



Nairobi November 2017

Our CHC calendar team flew to Nairobi in November to shoot photos for the 2019 calendar and various other objectives. Together with the sponsorship-team, they visited some of the sponsored children from the Med Sponsorship program at their families. In addition, they met almost all the children and young people at the MMH and the JKR, because the schools were closed since the end of October because of the political situation. Here are a few impressions of their stay:



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