





Cargo Human Care e. V.

March 2018

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### Save the date:

3rd Office City Run August 23, 2018

#### Dear Members and Friends of Cargo Human Care,

The year 2018 started well for CHC and especially for Jacinta, Stanley and eight other children, who have found their new home at the Mothers' Mercy Home. Since twelve long-standing residents left the home at the end of last year, after graduating from Secondary School, there was room for newcomers. As always, the "nestlings" were carefully selected by the Mothers' Union staff from the districts of the Anglican Church / ACK, and all come from desperately poor conditions. We are now looking for sponsors for these children. We were able to arrange sponsors for all other MMH children by the end of last year, so that they are now also able to attend good private schools. You can read about this in Sieglinde Reinhard's report.

We smoothly integrated the twelve schoolleavers - now Alumni - into the John Kaheni Residence, where they have settled in well. I called these twelve and another young lady from our medical sponsorship programme together to the JKR in December, to an idea-exchange. The entire group made a very keen and dedicated impression on me. Each individual had clear ideas about their professional future and was able to clearly articulate them. This was not always the case in recent years - often there were very few ideas when it came to the topic. This shows me the excellent success that our "Children Care" (ChiCa for short) Team has had with the workshops they organised over the past years for the young people of the MMH in order to prepare them for "the time after MMH".

Construction has finally started on the Happy Child Education Center! We had to wait a long time for the written building permission. Mid-January we finally received it and were able to (officially) start with the foundation excavation. The community project which is financed in equal thirds by the help alliance, the Regine Sixt Kinderhilfe Stiftung [Children's Aid Foundation] and CHC on the grounds of our Kenyan part-

ner ACK, should be completed by October this year. 100 pre-school children from the slum region of Kabiria will then be taught here by Tabitha and other teachers. Tabitha is also the one who started this school on her own initiative in a tiny corrugatediron hut – she deserves and will now get a solid foundation for the school with the new building.

And another school, namely the Wings Academy in the Marsabit region in North Kenya is still being supported by us. We have experienced the local Bishop Qampicha as a very reliable person, interested in education. CHC wants to continuet to support the school by helping to finance the teachers' salaries.

We will soon be disclosing the date of the Members' General Assembly in May.

Warm regards from a sunny but cold Hessen,

Your

Fokko Doyen, President CHC

#### Sponsors sought

#### A new home for 10 children - Additions to the family at the Mothers' Mercy Home

By Sieglinde Reinhard

A lot has happened in the past three months. In December, twelve young people left their old home – the MMH – in order to start an independent and self-determined life. At the same time, six new children were welcomed into the home, and another four again in January. For them, a new phase of life has started at the Mothers' Mercy Home. They will spend their childhood here, make new friends and, in the familiar environment of the home, will encounter everything that, in addition to food and accommodation, is important for childhood – protection, security, recognition and, not least, a good school education. All that had been denied them in their old life. Some no longer have parents, others perhaps one parent or close relatives, whose life situation does not enable them to provide the necessary such as enough food or schooling. The families often live in simple huts, without direct access to drinking water or sanitary facilities. Some children were unfortunately also exposed to physical and psychological abuse in their families.

These children leave a life behind them that has left deep scars in their souls. Integrating them into daily life at the MMH poses a great challenge for the Social Worker Team. With a lot of experience and massive empathy, the team works with the new children, in order to facilitate their path to a new phase of life. A lot of individual care is required.

After a period of adaptation to the home, the children are enrolled into school according to their performance levels. And now, we have a request to you dear CHC supporter. We are seeking sponsors who are willing to take over the schoolings costs for a child. CHC places a great deal of value on a quality education. This is why the children generally do not attend state schools. Instead they are enrolled in private schools, where the pedagogical level is much higher. We were able to find sponsors for all MMH children in 2017. Now we just need ten more for our newcomers. Information and application forms for the school sponsorships are available here: <a href="http://cargohumancare.de/schulpatenschaften">http://cargohumancare.de/schulpatenschaften</a>





### Start into a new phase of life

#### School-Leavers 2017

By Sieglinde Reinhard

On 7th December 2017, we said goodbye to twelve "Form 4" teenagers who had spent between 12 and up to 15 years of their life at the MMH. Anyone observing these young people in the days running-up to the Graduation ceremony, would have seen that they were obviously being torn back and forth between the excitement of more independence and appeal of the JKR environment, and the insecurity at how everything was going to work out.

Read the report from our ChiCa-Team (Children-Care-Team) and check out the impressions of the event in our Blog "Stories from the Mothers' Mercy Home" <a href="http://cargohumancare.de/schulabgaenger-2017">http://cargohumancare.de/schulabgaenger-2017</a>.

These young adults will now be starting internships in March, to get a first idea of working life. From September, they will then start vocational training. The John-Kaheni-Residence Social Workers in close agreement with our team in charge of the training sponsorships, organise, prepare and accompany this not so simple transition into adult life. The CHC training sponsorships finance this help. We are also still looking for sponsors for this year, who are willing to share in the training costs for our young people. You can get to know our graduates by taking a look at the online version of the 2017 "Graduates Book".https://chcgraduates.files.wordpress.com

 $More\ information\ on\ the\ training\ sponsorships\ can\ be\ found\ here:\ \underline{http://cargohumancare.de/ausbildungspatenschaften}$ 







#### Building work has started on the Happy Child Education Center A community project by the Regine Sixt Kinderhilfe Stiftung [Regine Sixt Children's Aid Founda-

tion], the help alliance and CHC

By Dr. Thomas Berger und Gerhard Meyke

Once we had decided last year to build a pre-school for up to 100 children in the slum region of Kabiria, on the grounds of the Anglican Church, we developed the necessary plans and handed them in to the authorities for approval at the end of the summer 2017. Due to the elections in September, these plans were unfortunately not processed. After the elections were cancelled and re-posted, it took a total of 6 months before planning permission for the Happy Child Education Center was finally given. However, Bishop Timothy Ranji and Fokko Doyen both rolled up their sleeves during their visit to the building site at the end of January and actively helped with the excavation. We now aim to drive the building work and quickly bring it to completion. The school should be finished in October 2018, so that the children can soon move out of their current temporary solution and into the new school.



"Man at work" Fokko Doyen and Bishop Timothy Ranji



## Advertising on your own behalf takes practice!

Film-workshop at the MMH and at the JKR

By Dr. Thomas Berger

In January, I accompanied Wolf Kunik, film-maker, camera operator and author on a week-long film-workshop. It was an impressive experience.

The Mothers' Mercy Home children and the young people from the John Kaheni Residence were asked to each create a film by themselves. With excellent support from our "Mothers", volunteers and Social Workers, as well as our Alumnis Rahab and David, the children developed key topics which they then presented in front of the camera during the filming days on Monday and Tuesday. Wolf quickly enthralled the children and was fully integrated in the group after only a short time. The children were thus relaxed in front of the camera, and everyone had great fun during the project.



From Wednesday on, Wolf Kunik used the same concept working together with the young people at the JKR, and Rahab and David were well able to contribute their experiences from the MMH. The young people were also enthusiastic about the film project and could envisage it creating interesting opportunities for them – for example: application videos when looking for jobs. The resulting videos not only gave all involved a good insight into dealing with media and advertising oneself, but we are also trying to get excerpts included in a German television documentary.





# Office City Run 2018 – Save the date Thursday, 23rd August 2018

Every successful series needs a sequel and so this year will again see a CHC Office City Run take place.

The award ceremony and the subsequent "Runners and Helpers" party will again be the grand finale of a superb event.

Work has just begun, and we will keep you informed with "running updates"!

